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The New Dad's Survival Guide: Man-to-Man Advice For First-Time Fathers



Synopsis

FATHERHOOD DEMYSTIFIED! Finally-a manual for new dads that deciphers the immensely confusing world of fatherhood and gives crucial tips and advice from a man's point of view. No psychobabble, no warm fuzzies-just a hilarious (and surprisingly practical) military-style guide to surviving and thriving through even the queasiest moments of pregnancy, birth, and babyhood. Seasoned father and master infant-tamer Scott Mactavish breaks the Baby Code down and lays it out in straight-up guyspeak. The New Dad's Survival Guide includes declassified information on such topics as: * Cutting the Cord: The Moment of Truth * Feeding and Cleaning the NFU (New Family Unit) * Surviving Sleep Deprivation * Relieving Stress Without Booze * The Great Boob Irony * Pee, Poo, Hurl, and Snot: Getting Used to the Bodily Functions * Critical Survival Tips Never Before Revealed * Sex: Let the Games Begin Again...Finally * Dozens of Essential Terms Defined, Including Binky, Onesie, Diaper Genie, Passy, and Sippy Cup GRAB YOUR BOOTS AND STRAP ON YOUR HELMET! THE BABIES ARE COMING!

Book Information

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Customer Reviews

Mactavish presents a useful-though by no means comprehensive-guide for any dad-to-be who doesn't care about details and just wants to learn what's going to happen when his partner gives birth and how he should go about changing a diaper. The author is no doctor; he's "just a dude who's been through it twice," and his lingo-"BCF" means "be cool, fool" (borrowed from Mr. T.); "FPP" is your "female parenting partner

SCOTT MACTAVISH is an author, filmmaker and veteran of the United States Navy. He does volunteer work for SEALKIDS and coaches youth soccer.

good quick simple read. I've read two of my wife's baby books, and we just finished our baby birthing class. This book condenses all those in a pretty funny but accurate summary of the month's leading to and after that little New Family Unit pops out. Must read for all dads (warning: great man's man book. If you want something wanky, overly scientific, technical, or academic - go elsewhere, but still read this too. If you want a good simple guy's guide told in a funny tone - ENJOY!)

I actually first borrowed this book from a buddy of mine who had read this during his first experience of being a Dad... Now, he just had his second. I loved the book and enjoyed the advice and stories thoroughly! My wife actually bought my very own copy as a first "Father's Day" gift a few weeks after finding out she was pregnant... she knew I liked it and remembered how hard I laughed reading the section on boys and their circumcisions... OUCH! Enjoyable read and it goes very quick!

Husband has been reading what to expect when you're expecting religiously. Thought he could use some humor after all that heavy reading. Jackpot! This book was perfect. It's a great gift for your father to be. Would definitely recommend! Was fun to read together. 7 more days till D-day!

I read some of the negative reviews, and decided to chime in as I just ordered a copy of this for a friend. This book isn't the end-all of fathering books. It's not an all-inclusive reference. This book is the book you read when you have a few minutes to spare and want a humorous look at the basic essentials. It's helpful for those of us who don't have a lot of time (and who does, when preparing to be a father?) It definitely helped me with the pre-fatherhood terror I experienced. If nothing else, it explains some things to you in a concise, funny way, and helps reassure the reader that "this is gonna be tough. You will screw a lot of things up. But you can do this."

great book. wasn't boring to read. and it really is told from a man's perspective. i've strongly suggested this book to other new dads. it also has a good balance of humor and serious topics.

Not really a book my husband or myself enjoyed, it addresses you like you are in the military with words, abbr., short slang you have to remember or go back and review to understand what he is

talking about.. This book was not made easy to read and most of the stuff this person writes is basic stuff most newbies would know. It's just basic common sense that he writes about but no real substance

My husband and I are reading this book now. It definitely has some great topics for conversation and good tips during pregnancy, labor, and after. I like that it is very humorous but still informative. We even started using the lingo in our daily conversations!! BCF!The only downside is that because the book was written a while ago it is a little outdated with some of its references. Like a boom box. But you can pretty much figure out what modern item to replace that with :)

The author has a great writing style. I am expecting a new born and my lower stars is probably because I pre-educated myself prior to purchase. It is a fun read, but didn't provide me with any information that the hospitals and my parents already provided. Read a preview, give it a shot. It may be more worthwhile for other readers.

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